

## ABSTRACT OF THE DISCLOSURE

An integrally molded palm-size multi-functional  
massage device has a thicker rear end and a thinner  
5 front end. A central portion of the rear end has an  
upper and a lower projection to define between them  
a largest height of the massage device. The massage  
device has an upper and a lower surface respectively  
extending from the rear upper and lower central  
10 projections toward the front end and two lateral sides  
of the massage device, so that the front end and the  
two lateral sides are reduced in thickness. A recess  
is formed on the upper surface, and an area outside  
the recess is slightly upward curved and has multiple  
15 rib strips provided thereon. While the upper surface  
provides a frictional massaging effect, projections  
formed on outer edges of the massage device serve as  
pressing points adapted to create different magnitudes  
of pressure against a user's body.